Prenatal Classes

HEALTHY MOMS AND HEALTHY BABIES

2020 Class Schedule

**Labor Process and Pain Management**

January 16, February 20, March 19, April 16, May 21, June 18, July 16, August 20, September 17, October 15, November 11, and December 9

**Breastfeeding, Newborn, & Postpartum Care**

January 23, February 27, March 26, April 23, May 28, June 25, July 23, August 27, September 24, October 22, November 19, and December 17

All classes are held in the Board Room (just to the right of the fireplace at the main Barrett Hospital entrance) from 6:00 pm to 9:00 pm

If you have any questions please contact: 683-3086

Birthing your baby is a big deal!!

Moms and Dads who attend prenatal classes report feeling more equipped to go home with their baby and report higher rates of satisfaction with their birthing experience.

Let our labor nurses help you prepare for your baby’s birthday!

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